

Adult Volleyball Leagues

Location - Two Rivers Activity Center

This is a Rec League; we will try are best however remember at all levels of play calls get missed. Be kind, be respectful.

If you notice things that you want us to be aware of, I ask that you pause until the next day so emotions are not elevated and we are not holding up scheduled play. Please reach out to the League Supervisor or Programs Manger.

Programs and Special Event Manger

Tammy's office 701-952-8765

League Supervisor:

Rules, Schedules and Participating teams listed

Tammy Mewes tammy@jamestownparksandrec.com

Parks Office 701-952-398

Kayla Trzpuc (kaylasoper@hotmail.com)

<https://jamestownparksandrec.com/>

REMINDERS & RULES:

Clean shoes in TRAC - No Colored drinks allowed in the gym.

TRAC is a family facility profanity will not be tolerated; we will enforce TRAC Code of Conduct.

Be kind and respectful to TRAC members, staff, guests, other teams and refs. – Choose fun!

Roster :

Roster maximum is 12 players. Teams can play with a minimum 3 players; if Co-ed 2 of 3 must be female.

Co-ed Team consists of 6 players, with a minimum of 3 women 3 men.

You can't have more men than women but you can have more women than men.

Player must be listed on roster to play in the league.

Players must be 16 or older; not rostered on high school or college teams at the same time as our league.

Any adds to roster must be approved by League Supervisor or Programs Manger.

Final roster changes need to be made by week 3.

Special consideration change request must be made to Programs Manger.

All players are eligible to play as soon as they are added.

Players are only allowed to be rostered on one team in Co-Ed league and one team in Women's league.

Players are not allowed to play on (2) teams in the same league.

FORFEIT:

Teams may play with 3 players without a forfeit; if Co-ed 2 of 3 must be female.

Teams that forfeit the first game, forfeit the match.

Teams have 5 minutes after the scheduled start time to provide 3 players if not match is forfeited.

SCORING:

A game is over when one team scores 20 points. The winning team must have at least a two-point advantage. If a 19-20 score exists, play will continue until one team wins by 2 points.

Games cap at 22 Points. No cap on tournament play.

Each team is allowed 2 30 second timeouts per match.

If a team is playing with less than 6 players, they will not take a penalty on the missing player's service rotation.

All Referee calls are final.



Mission: The Jamestown Parks and Recreation Department is committed to offering recreational opportunities and services to make the community the best place to live and play.

Our Core Values: Community Excellence Integrity Accessible for all Ongoing improvement and FUN!