

**Jamestown Basketball League
"C" Division
2022
Two Rivers Activity Center
Supervisor-Michael Hust 701-659-1080**

Office #252-3982

www.jamestownparksandrec.com

TEAMS:

- | | |
|-------------------------|----------------------------|
| 1. Buchanan Ag | 3. Nodak Insurance |
| 2. Run & Gun | 4. Vitruvian Knight |

	<u>Jan. 13th</u>	<u>Jan. 20th</u>	<u>Jan. 27th</u>	
6:30	1 v 4 crt4	1 v 2	1 v 3	
7:20	2 v 3 crt4	3 v 4	4 v 2	
	<u>Feb. 3rd</u>	<u>Feb. 10th</u>	<u>Feb. 17th</u>	
8:10	1 v 4 crt4	2 v 1	1 v 3	
9:00	3 v 2 crt4	4 v 3	4 v 2	
	<u>Feb. 24th</u>	<u>Mar. 3rd</u>	<u>Mar. 10th</u>	<u>Mar. 17</u>
7:20	1 v 4 crt3	2 v 1	Tournament	Tournament
8:10	3 v 2 crt3	3 v 4		

No colored drinks allowed in the gym.

No outside shoes allowed in the gym please bring an extra pair.

League players are allowed to warm-up on court 2 (if available) No league players are allowed on court 1.

League players are only allowed to check in and warm-up 15 minutes before game time.

All Players and Guests must check in at the front desk and must remain in the gym unless your a Trac member.

Basketball League Rules

2022

1. Two 20 minute halves and NCAA College Rules.
2. 2 time-outs per half /No carry-overs.
3. Jump Ball – Alternate possessions
4. Running Clock – except for the last 2 minutes of second half only.
5. 5 personal fouls
6. Technical Fouls: 1st technical – player sits out 10 minutes.
2nd technical – player sits out rest of game and the next two games.
3rd technical – player is no longer in the league.
7. **Any team that forfeits must pay \$60.00 referee fee and a \$50.00 fee to the opposing team These fees must be paid before the beginning of the next week's game.**
8. League supervisor must approve any roster changes made before change is made. The playing without notifying the supervisor of roster changes will result in a forfeit.
9. No adding players to any roster after the third week. League commissioner must approve any change requested after the third week (League Commissioner- John Ruff 252-3982).
10. Teams may start the game with four players but not three.
11. Anyone fighting you will be kick-out of the league and will not be able to play in the State-Am Basketball Tournament.
12. No dunking!! It's a forfeit and If you break a backboard you pay for it: The cost \$3000.
13. Numbers are required on all uniforms and must be the same color.
14. Must be 18 years old to play and out of High School.
15. Profanity is an automatic technical foul (out 10 minutes).
16. Slapping the back-board intentionally is a technical foul (out 10 minutes).
17. No hats,caps or bandanas during the game or on the bench.
18. Allowed to sub on dead ball situations only.
19. Any questions on rules or anything else must be addressed by the Captain only.
20. Incase of a tie. (loses, head to head, defensive points given up).
- *21. The last 2 minutes you must be within 10pts or the clock will continue to run.
22. First space on a free throw is open and you can't not use the block.
23. Overtime is 3 minutes and one timeout per team. (no carryovers)
24. No Jewelry! (That includes necklaces!)
25. **No five second closely guarding during a dribble.**
25. Players must appear in three regular season games in order to be eligible for the League Tournament.
26. Players under the influence must leave the gym, or his/her team will automatically forfeit the game.