Jamestown Basketball League "C" Division 2019-20

Two Rivers Activity Center Supervisor-Michael Hust 701-659-1080

Office #252-3982

www.jamestownparksandrec.com

TEAMS:

FCCU
 Run & Gun
 Nodak Insurance
 RTS Shearing

3. NDSH Vitruvian

 Jan. 9th 1 v 4 crt3 2 v 3 crt4 5 bye	<u>Jan. 16th</u> 1 v 3 4 v 5 2 bye	Jan. 23rd 5 v 3 1 v 2 4 bye
 Jan. 30th 5 v 2 crt3 3 v 4 crt4 1 bye	Feb. 6th 4 v 2 5 v 1 3 bye	Feb. 13th 2 v 3 4 v 1 5 bye
Feb. 20th 4 v 5 crt3 1 v 3 crt4 2 bye	<u>Feb. 27th</u> Tournament	

No colored drinks allowed in the gym.

No outside shoes allowed in the gym please bring an extra pair.

League players are only allowed to warm-up on court 2 no league players are allowed on court 1.

League players are only allowed to check in and warm-up 15 minutes before game time.

All Players and Guests must check in at the front desk and must remain in the gym.

Basketball League Rules

2019-2020

- 1. Two 20 minute halves and NCAA College Rules.
- 2. 2 time-outs per half /No carry-overs.
- 3. Jump Ball Alternate possessions
- 4. Running Clock except for the last 2 minutes of second half only.
- 5. 5 personal fouls
- 6. Technical Fouls: 1st technical player sits out 10 minutes.

 2nd technical player sits out rest of game and the next

2nd technical – player sits out rest of game and the next two games.

3rd technical – player is no longer in the league.

- 7. Any team that forfeits must pay \$60.00 referee fee and a \$50.00 fee to the opposing team These fees must be paid before the beginning of the next week's game.
- 8. League supervisor must approve any roster changes made before change is made. The playing without notifying the supervisor of roster changes will result in a forfeit.
- 9. No adding players to any roster after the third week. League commissioner must approve any change requested after the third week.2019-2020 (League Commissioner- John Ruff 252-3982).
- 10. Teams may start the game with four players **but not three**.
- 11. Anyone fighting you will be kick-out of the league and will not be able to play in the State-Am Basketball Tournament.
- 12. No dunking!! It's a forfeit and If you break a backboard you pay for it: The cost \$3000.
- 13. Numbers are required on all uniforms and must be the same color.
- 14. Must be 18 years old to play and out of High School.
- 15. Profanity is an automatic technical foul (out 10 minutes).
- 16. Slapping the back-board intentionally is a technical foul (out 10 minutes).
- 17. No hats, caps or bandanas during the game or on the bench.
- 18. Allowed to sub on dead ball situations only.
- 19. Any questions on rules or anything else must be addressed by the Captain only.
- 20. Incase if a tie. (loses, head to head, defensive points given up).
- *21. The last 2 minutes you must be within 10pts or the clock will continue to run.
- 22. First space on a free throw is open and you can't not use the block.
- 23. Overtime is 3 minutes and one timeout per team. (no carryovers)
- 24. No Jewelry! (That includes necklaces!)

- 25. Players must appear in three regular season games in order to be eligible for the League Tournament.
- 26. Players under the influence must leave the gym, or his team will automatically forfeit the game.
- 27. No 5 second closely guarded during a dribble.